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Do you currently see any other specialists/physicians outside of our office?

Name

Specialty

Reason

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Continue to the next page below



Patient Account Number

# Patient History conto

## Family History

Mother	Alive Deceased	Age	Cancer _____ Diabetes _____	Heart Disease _____ Other _____
Father	Alive Deceased	Age	Cancer _____ Diabetes _____	Heart Disease _____ Other _____
Sister(s)	Alive Deceased	Age Age	Cancer _____ Diabetes _____	Heart Disease _____ Other _____
Brother(s)	Alive Deceased	Age Age	Cancer _____ Diabetes _____	Heart Disease _____ Other _____
Children	Alive Deceased	Age Age	Cancer _____ Diabetes _____	Heart Disease _____ Other _____

Tobacco use: Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, (smoke or chew) how many packs daily? \_\_\_\_\_

Alcohol use: Yes \_\_\_\_\_ No If yes, what do you typically drink and how many times in the past year have you had 4 or more drinks in a day? 1 or more None \_\_\_\_\_

Drug use: \_\_\_\_\_ Yes No If yes, what drug? How many times in the past year have you used a recreational drug or prescription drug for nonmedical reasons? 1 or more \_\_\_\_\_ None \_\_\_\_\_

Do you have trouble hearing the TV or Radio when others don't? YES \_\_\_\_\_ No \_\_\_\_\_

Do you have to strain to hear/understand conversations?	YES	No
	_____	_____
Do you need help with preparing meals, transportation, shopping, taking your meds, managing finances, or other activities of daily living?	YES	No
	_____	_____
Do you live alone?	YES	No
	_____	_____
Have you had any falls in the last year?	YES	No
	_____	_____
Do you have any trouble with memory loss?	YES	No
	_____	_____
Have you had more than one fall in the last year?	YES	No
	_____	_____
Have you had an injury from a fall in the last year?	YES	No
	_____	_____
Does your home have rugs, poor lighting, or a slippery bathtub/shower?	YES	No
	_____	_____
Does your home LACK grab bars in the bathroom, handrails on stairs/steps?	YES	No
	_____	_____
Does your home LACK functioning smoke alarms?	YES	No
	_____	_____

Advanced care planning

Patient Consent if applicable: "I consent to discuss end-of-life issues with my healthcare provider."

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Patient/Guardian Signature

Date

## Generalized Anxiety Disorder 7-item (ÇADû) scale

Over the last 2 weeks, how often have you been bothered by the following problems?	Not at all *sure	Several days	Over half the days	Nearly every day
1. Feeling anxious, or on edge		1	2	3
2. Not being able to stop or control worrying		1	2	3
3. Worrying-too much about different things		1	2	3
4. Trouble relaxing		1	2	3
5. Being so restless that it's hard to sit still	0	1	2	3
6. Becoming' easily annoyed or		1	2	3
7. Feeling afraid as if something awful might happen		1	2	3
—Add-the score far each column				
Total Score (add your column scores) = _____				

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people? .

Not difficult at all \_\_\_\_\_

Somewhat \_\_\_\_\_

difficult Very difficult

Extremely difficult \_\_\_\_\_

Source: Spitzer RL, I<xoenke K, Williams JBW, Lowe B, A brief measure for assessing generalized anxiety disorder. Arch Inern Med.2006;166;1

## PATHENT HEALTH QUESTIONNAIRE (PHQO)

DATEa

Over the last 2 weeks, how often have you been bothered by any of the following problems?

(use 0-4 to indicate your answer)

	Not at all	Several days	More than half the	Nearly every day
1. Little interest or pleasure in doing things				
2. Feeling down, depressed, or hopeless				
3. Trouble falling or staying asleep, or sleeping too much				
Feeling tired or having little energy				
5. •Poor appetite or overeating				
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down			01	
Trouble concentrating on things, such as reading the newspaper or watching television				
8M Moving or speaking so slowly that other people could have noticed. Or the opposite—being so figety or restless that you have been moving around a lot more than usual				
Thoughts that you would be better off dead, or of hurting yourself				

add columns

(Healthcare professional: For interpretation of TOTAL, TOTAL: please refer to accompanying scoring card).

'10. If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

- Not difficult at all
- Somewhat difficult'
- Very difficult
- Extremely difficult